

Hygiene rules for the ACTIV tennis hall Heiderhof

1. Mouth and nose protection must be worn when entering the tennis hall (until the game starts immediately, ie until the bench) and when leaving (immediately after the game has ended, ie from the bench).

2. Before and after playing, please wash and / or disinfect your hands thoroughly. Hand washing agents and disinfectants are sufficiently available.

3. Please observe and adhere to the applicable distance rules of at least 1.5 m in the entire hall area. Therefore, please use all four seats in the hall even for double games.

4. Please come into the hall already changed and if possible only change your shoes. If it is not possible otherwise, the changing rooms can only be used by a maximum of 2 people at the same time. The changing items must not be left hanging in the changing room. They must be taken on the court in the tennis bag. Double pairings are welcome to use women's and men's changing rooms.

5. The showers may not be used until further notice. Please shower everyone at home !!!

6. Spectators are not allowed in the hall during the ongoing corona pandemic. This applies to both the space and the aisle.

7. Since I am in the hall almost every day, I will ensure the necessary fresh air supply.

Otherwise, of course, the generally applicable and all known protective measures also apply in the ACTIVE tennis hall in Heiderhof:

- Sneeze / cough into the crook of your arm or into a handkerchief.
- Avoid touching your face with your hands if possible.
- If you have flu-like symptoms, please absolutely stay at home.
- Do not shake hands.

I would like to expressly and urgently ask all players once again to contact the above. To adhere to the rules of hygiene and general protective measures. If, despite my advice and requests, gross or repeated violations occur, I unfortunately have to think about suitable punitive measures in the interests of all players who would like to use the tennis hall throughout this winter, up to and including a ban on playing in the AKTIV -Tennishalle Heiderhof can lead.

I very much hope that this will not be necessary in the interests of all of us !!

Best regards

Tancred Kleinert (hall operator)